



# MENU

*sodexo*

**from May 02nd till May 27th.....Enjoy your meal!**



Menu / Day	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week from May 02nd till May 06th</b>					
<b>A Kids Favourites</b>	Meatballs with mashed Potatoes and Broccoli (R, aw, uw, ae)	"Dakbokkeumtang" Korean Chicken stew with Rice and Broccoli (G, as, ay)	Pasta with Tomato-Bassilsauce and Cheese (V, aw, uw, am)	Chicken Crossies with French fries and Sweet Corn (G, aw, uw)	Fish fingers with Basmati rice and Peas (F, aw, uw, af)
<b>B All world Choice</b>	Fried Couscous with mixed Vegetables (V, aw, uw)	"Frankfurter Grüne Soße" Herb sauce with boiled Eggs and Potatoes (V, ae, am, bm)	Goulash of Beef with Rice and Bell Pepper	Fried Noodles "Asian style" with Carrots, Leek and Broccoli (V, aw, uw, ae, ay, 23)	Potato fritters filled with Cream Cheese served with a Dip (V, am)
<b>Salad</b>	Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison
<b>Dessert</b>	Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison
<b>Week from May 09th till May 13th</b>					
<b>A Kids Favourites</b>	Spaghetti "Bolognese" with Cheese (R, aw, uw, am)	Sausage of Poultry with French fries and Carrots (G, 2, 3, 7, 15, bc)	Filet of Chicken with Potatoes and mixed Vegetables (G)	Pasta with Tomato sauce and Cheese (V, aw, uw, am)	Pizza with Tomatoes and Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am)
<b>B All world Choice</b>	Fresh Asparagus with Sauce Hollandaise and Potatoes (V, aw, gb, ae, am, bc)	Mushroom Masala with Basmati rice and Broccoli (V)	Pasta with Rucola pesto and Cherry tomatoes (V, aw, uw)	Filet of Fish Broccoli with Basmati rice and Rataouille (F, aw, uw, af, am)	Steak of Turkey with Gratin of Potatoes and Beans (G, am)
<b>Salad</b>	Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison
<b>Dessert</b>	Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison
<b>Week from May 16th till May 20th</b>					
<b>A Kids Favourites</b>	"Arroz con Pollo" Chicken with Rice Peas and bell Pepper (G)	Spaghetti Carbonara with Breast of Turkey and Cheese (G, 2, 3, 7, aw, uw, am)	Hamburger with French fries (R, aw, uw, as)	Pancake with Cinnamon, Sugar and Applesauce (V, 3, aw, uw, ae, am)	Mini-Spring roll with Basmati rice and mixed Vegetables (V, 2, aw, uw, ae, ay)
<b>B All world Choice</b>	Chili sin Carne with Beans, Sweet Corn and Nachos (V, 1, 2, ap)	Curry with Potatoes Green Beans and Basmati Rice (V, bm, 23)	Tortellini with Tomato-Bassilsauce (V, aw, uw, ae, am)	Chicken Masala with Basmati rice (G, am)	Fish in Batter with Lemon Potatoes and Cauliflower (F, aw, uw, gb, af)
<b>Salad</b>	Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison
<b>Dessert</b>	Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison
<b>Week from May 23th till May 27th</b>					
<b>A Kids Favourites</b>	Omelette with Spinach and mashed Potatoes (V, ae, am)	Pasta "Bolognese" with Cheese (R, aw, uw, am)	Escalope of Chicken with Gravy, Potatoes and mixed Vegetables (G, aw, uw, gb, am)	<b>Ascension Day No School</b>	<b>No School</b>
<b>B All world Choice</b>	Stewed Chicken "Zürich Style" with Noodles and Mushrooms (G, aw, uw, ae, am)	Hashbrowns topped with Tomato-Mozzarella (V, am, 23)	"Maultaschen" German Ravioli with Broccoli, Beans and Carrots (V, aw, uw, ae, bc)	<b>Ascension Day No School</b>	<b>No School</b>
<b>Salad</b>	Salad of the saison	Salad of the saison	Salad of the saison		
<b>Dessert</b>	Fruits of the saison	Fruits of the saison	Fruits of the saison		

Additives: 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting mix;  
 Allergens: aw - contains cereals containing gluten\*, uw - contains wheat\*, nr - contains rye\*, gb - contains barley\*, go - contains oat\*, gs - contains spelt\*, gk - contains kamut\*, ax - contains other gluten containing grain\*, ac - contains crustaceans\*, ae - contains eggs\*, af - contains fish\*, ap - contains peanuts\*, ay - contains soybeans\*, am - contains milk\*, an - contains nuts\*, sa - contains almond\*, sh - contains hazelnut\*, sw - contains walnut\*, sc - contains cashew\*, sp - contains pecan nut\*, sr - contains brazil nut\*, st - contains pistachio\*, sm - contains macadamia nut\*, sq - contains queensland nut\*, bc - contains celery\*, bm - contains mustard\*, as - contains sesame\*, au - contains sulphur dioxide and sulphites, nl - contains lupin\*, um - contains molluscs\*;  
 \*and products thereof; Other labels: S - pork, R - beef, F - Fisch, G - poultry, italic - vegetarian dish

**Sodexo Contact** Steve Völker 069/37568575 | Fax 069/37568576 | Mail [isf.1189@sodexo.com](mailto:isf.1189@sodexo.com)

# Order Form

Family Name :

First Name :

Class :

Street / House number :

Zip Code / Town :

Monday	Tuesday	Wednesday	Thursday	Friday		
					Menu A	<b>1. Week</b>
					Menu B	

Monday	Tuesday	Wednesday	Thursday	Friday		
					Menu A	<b>2. Week</b>
					Menu B	

Monday	Tuesday	Wednesday	Thursday	Friday		
					Menu A	<b>4. Week</b>
					Menu B	

Monday	Tuesday	Wednesday	Thursday	Friday		
			X	X	Menu A	<b>5. Week</b>
			X	X	Menu B	

**Please hand in to Kiosk :**

Sodexo c/o ISF  
 Straße zur Internationalen Schule 33  
 65931 Frankfurt /Sindlingen